

# Performance has a new style

Philips Respironics Wisp – minimal contact nasal mask

## Mask fitting guide



1

Before putting on the mask, disconnect the headgear clips by twisting them away from the frame.

**Important:** Use the mask sizing gauge to select the cushion that fits the width of your nose without blocking your nostrils.



2

Gently hold the cushion in place over the nose and pull the headgear over your head.

**Note:** The headgear should lie flat against the back of your head.



3

Holding the mask in place, reconnect the clips by pushing them back onto the mask frame.

**Note:** If you do not want to use the clips, the headgear tabs can be threaded through the slots on the mask frame.



4

Pull back on the headgear tabs to evenly adjust the upper and lower headgear straps. The mask should rest comfortably against your face.

**Important:** Do not overtighten. The headgear should fit loosely and be comfortable.



5

You may optionally slide the mask tubing through the headgear crown loop before attaching the CPAP tubing.

**Note:** Using the headgear crown loop may help make some sleeping positions more comfortable.



6

Assume different sleeping positions. Move around until comfortable. If there are any excessive air leaks, make final adjustments while lying down.

**Note:** Some air leaking is normal. Adjust the upper headgear straps to reduce leaks around your eyes.

**CPAPXCHANGE**

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