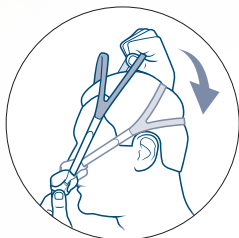




Fitting Steps



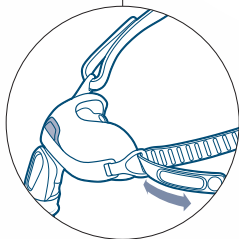
1. Use fingers to **gently spread the soft wings** of the Silicone Seal and guide silicone openings into nostrils.



2. Hold the Mask Frame in position with one hand and **pull the Headgear over the head with the other.**



3. Gently loosen the Headgear straps until a **comfortable seal is achieved**, then slightly tighten and fasten Headgear.



See reverse side for fitting tips ➤

Fitting Tips

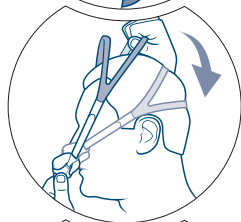


Connect mask to CPAP hose and **turn device on.**

Check that the Silicone Seal (Cushion) has inflated with air.



Check that the silicone openings are not inverted. If they are, gently 'flick' them out with one finger.



Be gentle when spreading the soft side wings; do not use finger nails.

Check that the silicone openings are not inverted before they are placed into the nostrils.



Once the silicone openings are placed into the nostrils, put one hand on the strap labelled "Brevida" and pull over your head. The upper and lower strap should be spread open so that the Headgear sits securely on the head.

If you experience any leaks after fitting your mask, you may need to lift the Silicone Seal off your nose and reposition it again so that the two silicone openings fit securely into your nostrils.

Ensure the Headgear straps are not fastened too tightly. The Silicone Seal should feel secure in the nostrils, but not too tight.



For more information, look for F&P Brevida
at www.youtube.com/user/fphealthcare